

THE GABBYS



TOEKENNINGS
НАГОРОДИ
VERÐLAUN
GRADAIM
AWARDS
ΒΡΑΒΕΙΑ
DÍJAK
CENY
奖项
獎項
賞
PRIX
पुरस्कार
পুরস্কার
PREMI
PRIJZEN
GRADAIM
NAGRODY
PALKINNOT
GWOBRAUON
PENGHARGAAN
APDOVANOJIMAI
AUSZEICHNUNGEN

2023 - 24

THE GABBYS

WWW.THEGABBYSTMC.COM

@THEGABBYSTMC

GABBYS.TOASTMASTER@GMAIL.COM

91 SPRINGBOARD, INDIRANAGAR,
BANGALORE, KARNATAKA INDIA

+919972010011



JOIN OUR
GUEST
GROUP



VISIT OUR
WEBSITE

ABOUT US



We are a family of three Community Toastmaster Clubs with 75+ Members from different walks of life.

We strive to provide a safe and supportive learning environment for anyone who wants to excel in communications & leadership skills.

THE GABBYS

AREA B1, DISTRICT 92

Meets every Saturday 10 am IST
(GMT+5:30), HYBRID

THE GABBYS ONLINE

AREA B4, DISTRICT 92

Meets every Tuesday 7:30 pm IST
(GMT+5:30), ONLINE

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92

Meets every Thursday 7:00 pm IST
(GMT+5:30), ONLINE

THE GABBYS LEADERSHIP TEAM JULY - DEC 2024



THE GABBYS TOASTMASTERS

AREA B1, DISTRICT 92



Nancy Goel, DTM
PRESIDENT



Mukund Joshi
VP EDUCATION



Paduka Kannan
VP MEMBERSHIP



Sourav Dutta, DTM
VP PUBLIC RELATIONS



Lakshmi Sujatha
SECRETARY



Prabha Luhaniwal
TREASURER



Mohan Rao T
SERGEANT AT ARMS

THE GABBYS ONLINE

AREA B4, DISTRICT 92



Sourav Dutta, DTM
PRESIDENT



Sudharma Perera
VP EDUCATION



Smruti S Mohanty
VP MEMBERSHIP



Maanvi Kumar
VP PUBLIC RELATIONS



Raja Balaji
SECRETARY



Gihan Wikramsinghe
TREASURER



Pranav Pothan
SERGEANT AT ARMS

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92



Mita M Shah
PRESIDENT



Jaspreet Kaur
VP EDUCATION



Gauri Agarwal
VP MEMBERSHIP



Priyamvada Sharma
VP PUBLIC RELATIONS



Shilpi Tiwari
SECRETARY



Upasana Ghosh D
TREASURER



Yogita Upadhyay
SERGEANT AT ARMS



THIS IS NOT A NEWSLETTER

This is a TRIBUTE to all THE GABBYS members who have passionately invested in RISEing by helping others RISE, with INTEGRITY, RESPECT, TRUST & EXCELLENCE

Today, I am honored to pay tribute to each and every one of you who has passionately invested in RISEing by helping others RISE. Our journey together is a testament to the values that we hold dear: Integrity, Respect, Trust, and Excellence.

Since the inception of The Gabbys Toastmasters Club, these core principles have been the bedrock of our community.

We have built a culture where every member feels valued and empowered to achieve their personal and professional best. Your unwavering commitment to these values has not only propelled our clubs to extraordinary heights but has also created a nurturing and supportive environment for all.

Integrity has guided our actions, ensuring that we stay true to our mission.

Respect has fostered a culture of inclusivity and understanding.

Willingness to serve has strengthened our bonds, making collaboration and mutual support second nature.

Excellence has driven us to continuously strive for greatness, both individually and collectively.

As we celebrate our achievements, let us remember that it is our collective dedication to these values that makes The Gabbys so special. Together, we have RISEn, and together, we will continue to help others RISE.

Sourav Dutta, DTM



CLUB AWARDS

These awards a recognition to The Gabbys clubs from District 92, Toastmasters International for excellence in various aspects like Club Growth, Program Quality & Public Relations

CLUB AWARDS
2023 - 24





Awards from the
Program Quality Director
District 92

SPIRIT OF 92



Awarded to Clubs of District 92 that have achieved Distinguished Status and a Pathways Adoption Rate of atleast 90% .

Toastmasters Pathways is an interactive learning program designed to help you develop your communication and leadership skills.

THE GABBYS

AREA B1, DISTRICT 92

THE GABBYS ONLINE

AREA B4, DISTRICT 92

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92

EXCELSIOR



Awarded to NEW CLUBS of District 92 that have shown all-round excellence in Education, Membership Growth and Public Relations.

The club must be at least Select Distinguished and must have a 100% Pathways Adoption rate.



THE GABBYS ONLINE

AREA B4, DISTRICT 92

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92

FAST FIVE



Awarded to Clubs of District 92 that have achieved Distinguished Status and a Pathways Adoption Rate of atleast 90% .

Toastmasters Pathways is an interactive learning program designed to help you develop your communication and leadership skills.



THE GABBYS

AREA B1, DISTRICT 92

THE GABBYS ONLINE

AREA B4, DISTRICT 92

150+ Education Awards, Area and Division Contest Champions and numerous accolades from District 92 is a testament of the Quality and pursuit of excellence by the VPEs of The Gabbys

The Vice President Education (VPE) in The Gabbys is crucial for the educational development of members. The VPE's primary responsibilities include planning and managing club meetings and ensuring members achieve their educational goals. This involves creating meeting agendas, scheduling speakers and roles, and monitoring members' progress.

The VPE helps members set and achieve educational goals, coordinates mentorship programs, and organizes workshops or training sessions. Recognition and motivation are also key, as the VPE awards certificates and encourages participation. As a member of the club's executive committee, the VPE plays a vital role in planning and decision-making, submits educational awards to Toastmasters International, and communicates regularly with members about upcoming meetings and opportunities.

The VPE stays informed about updates in the Toastmasters educational program and represents the club in district and area activities. Key skills for the VPE include strong organizational abilities, effective communication and leadership, and meticulous attention to detail. The VPE role is integral to the educational and personal development of the club's members, and the success of the club largely depends on the effective performance of the VPE.



VICE PRESIDENT (EDUCATION) OF THE GABBYS CLUBS (2023 - 24)



**NANCY
GOEL, DTM**
THE GABBYS



**SOURAV
DUTTA, DTM**
THE GABBYS



**SUDHARMA
PERERA**
THE GABBYS
ONLINE



**KARTHIK
VENUGOPAL**
THE GABBYS
ONLINE



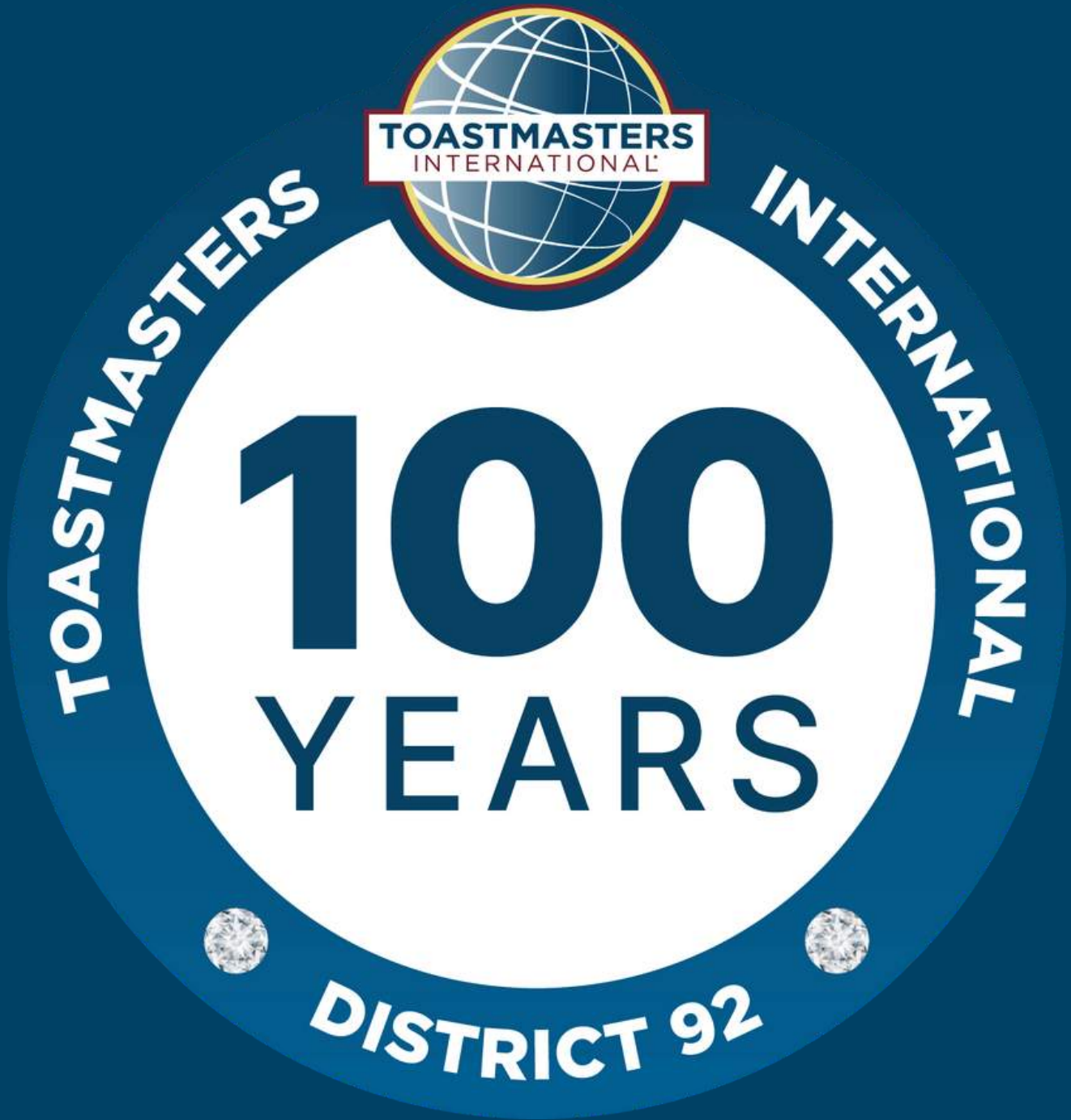
**RAJA
BALAJI**
THE GABBYS
INTERNATIONAL

THE GABBYS



174

MEETINGS CONDUCTED
IN PROGRAM YEAR 2023-24



**Awards from the
Club Growth Director
District 92**

SMEDLEY MEMBERSHIP BUILDING AWARD



The Smedley Award recognizes clubs adding five new members from August 1 to September 30, honoring growth and engagement.



THE GABBYS

AREA B1, DISTRICT 92

THE GABBYS ONLINE

AREA B4, DISTRICT 92

BEAT THE CLOCK MEMBERSHIP BUILDING AWARD



The Beat the Clock Award honors clubs that add five new members from May 1 to June 30, celebrating timely growth.

THE GABBYS

AREA B1, DISTRICT 92

THE GABBYS ONLINE

AREA B4, DISTRICT 92

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92



EARLY RENEWAL CHAMPION



Awarded to clubs of District 92 for atleast 10 Successful Renewals before March 15th

THE GABBYS

AREA B1, DISTRICT 92

THE GABBYS ONLINE

AREA B4, DISTRICT 92

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92



PHOENIX AWARD



Awarded to a New Club which has achieved a Distinguished Club Status in a Program Year before 30th April



THE GABBYS ONLINE

AREA B4, DISTRICT 92

MAGNUS AWARD



Awarded to any Club which has no net loss in membership of 75%+ net add over base before 30th April



THE GABBYS ONLINE

AREA B4, DISTRICT 92

The VP Membership of The Gabbys clubs have been at the top of their game in all parameters of Club Growth - attracting guests to our meetings, converting guests to members and retention of members

The Vice President Membership (VPM) in a Toastmasters Club plays a critical role in attracting, onboarding, and retaining members. The VPM's primary responsibilities include promoting the club to potential new members, managing membership applications, and ensuring a welcoming atmosphere for guests and new members. This involves developing and implementing membership-building strategies, organizing open houses or special events, and following up with guests to encourage them to join.

The VPM assists new members with the enrollment process, provides orientation about the club's structure and educational programs, and introduces them to existing members. Retention is also a key focus, with the VPM regularly checking in with members to ensure they are satisfied with their experience and addressing any concerns they might have. As a member of the club's executive committee, the VPM participates in planning and decision-making to support the club's growth and vitality. Effective communication, enthusiasm, and a friendly

demeanor are essential skills for the VPM to successfully engage with potential and current members. The VPM also collaborates with the Vice President Education to help integrate new members into the club's activities and educational programs. The success and sustainability of the club significantly depend on the VPM's efforts in membership growth and retention.



VICE PRESIDENT (MEMBERSHIP) OF THE GABBYS CLUBS (2023-24)



**DHWANI
ADESARA**

THE GABBYS



**SOURAV
DUTTA, DTM**

THE GABBYS
ONLINE



**SMRUTI S
MOHANTY**

THE GABBYS
ONLINE



**MITA M
SHAH**

THE GABBYS
INTERNATIONAL

THE GABBYS



84

ACTIVE MEMBERS
IN PROGRAM YEAR 2023-24



**Awards from the
District Public Relations Manager
District 92**

BEST WEBSITE



WWW.THEGABBYSTMC.COM

THE GABBYS

AREA B1, DISTRICT 92

The Gabbys meetings happen thrice a week and the VPPRs ensure each meeting is highly publicised on various channels leading to an average attendance of 30+ in every meeting.

The Vice President Public Relations (VPPR) in The Gabbys plays a vital role in enhancing the club's visibility and reputation. The VPPR is responsible for managing the club's external communications and promoting its activities. This involves creating and distributing promotional materials, maintaining the club's website and social media platforms, and ensuring that all public-facing content is engaging and up-to-date. The VPPR works to attract new members by publicizing club events and successes through press releases,

newsletters, and community engagement activities. Additionally, the VPPR collaborates with other club officers to create a consistent and positive image of the club, both internally and externally. They also organize open houses and special events to showcase the club's benefits and achievements. Effective public relations efforts by the VPPR help to build a strong brand for the club, fostering a sense of community and pride among members. Key skills for the VPPR include creativity, strong writing and communication abilities, social

media proficiency, and event planning. By effectively promoting the club and its activities, the VPPR ensures that the club remains vibrant and attracts a steady stream of new members, contributing to the overall success and growth of the club.



VICE PRESIDENTS (PUBLIC RELATION) OF THE GABBYS CLUBS (2023 - 24)



SOURAV DUTTA, DTM

THE GABBYS

THE GABBYS ONLINE



NAGESH RAMAMURTHY, DTM

THE GABBYS

THE GABBYS ONLINE



CHITRAKSHI V VIJ

THE GABBYS INTERNATIONAL



MEMBER AWARDS

These awards are a recognition for the individual members of The Gabbys clubs. This includes Contest Awards and Education Awards won by the members of The Gabbys clubs

MEMBER AWARDS
2023 - 24



A Message from the Charter President of the first of The Gabbys Clubs

Nancy Goel, DTM



It is with immense pride and heartfelt gratitude that I address you today as the Charter President of The Gabbys Toastmasters Club. When we embarked on this journey in September 2020, amidst the uncertainty of a global pandemic, we could not have envisioned the remarkable growth and success we have achieved together. Starting with just 23 members, our club has flourished and multiplied, giving birth to The Gabbys Online in June 2023 and The Gabbys International in December 2023.



Our collective commitment to excellence, learning, and mutual support has propelled all three clubs to consistently earn the prestigious President's Distinguished Club status since their respective charter dates. This accolade is a testament to our unwavering dedication to the Toastmasters mission of empowering individuals to become more effective communicators and leaders. The journey from our humble beginnings to the present day has been marked by countless milestones and achievements. Our clubs have not only grown in numbers but have also produced outstanding leaders who have gone on to serve as District Officers. These leaders have exemplified the spirit of Toastmasters, inspiring others with their dedication, vision, and commitment to excellence. Furthermore, our clubs have been a nurturing ground for talent, producing numerous Contest Champions who have shone brightly at various levels of competition. These champions have demonstrated the power of perseverance, practice, and the pursuit of excellence, serving as role models for all members.

As we celebrate these accomplishments, let us also look to the future with optimism and determination. The Gabbys family has proven that even in the face of adversity, we can achieve greatness through collaboration, resilience, and a shared vision. Let us continue to support one another, strive for excellence, and expand our horizons. I extend my deepest gratitude to each member for their contributions, enthusiasm, and commitment. Together, we have built a legacy of excellence that will inspire future generations of Toastmasters. Congratulations to all of you on these remarkable achievements, and here's to many more years of success, growth, and transformation.

WARM REGARDS,

NANCY GOEL, DTM
CHARTER PRESIDENT
THE GABBYS TOASTMASTERS CLUB



Since
1924

EDUCATION AWARD WINNERS



THE GABBYS TOASTMASTERS

AREA B1, DISTRICT 92



AWARD WINNERS

AMIT GUPTA
ANKIT TYAGI
APARNA RAJA
BADESAHAB N. SAYYAD
BINDHU JOSEPH
CHAITANYA PRASAD
CHITRAKSHI V. VIJ
DEVASISH PARMAR
DEVAYANI NAIR
DHWANI ADESARA
LAKSHMI SUJATHA
MAMTA KUMARI SINGH
MONICA ASHWINI
NAGESH RAMAMURTHY
NANCY GOEL
PADUKA KANNAN
PRABHA LAHUNI WAL
PREETI P. JAIN
PUNITH C. K
RAGHAVA KUNDRAPU
RITWIK RAJ
SANJAY K. MUNOYAT
SANJEET V. NAYAK
SHILPA REDDY
SOURAV K. DUTTA
SUDHA RAJU
TARUN AGRAWAL
TESSY J. PHILIP
THRIVENI GALI

AWARDS

75

WINNERS

29

THE GABBYS ONLINE AREA B4, DISTRICT 92



AWARD WINNERS

ATUL C. SRIVASTAVA
AYUSH GOYAL
BIMPY KUMARI
GIHAN N. WICKRAMASINGHE
KARTHIK VENUGOPAL
MADIHA S. RASOOL
MEGHA JETHWANI
NAGESH RAMAMURTHY
PRANAV POTHAN
SAMITA KAR
SANJANA GARAI
SHAIFALI SINGH
SHILPI TIWARI
SHRILAKSHMI HEGDE
SMRUTI S. MOHANTY
SOURAV K. DUTTA
SUDHAKAR THAMANKAR
SUDHARMA N. PERERA

AWARDS

58

WINNERS

18

AS ON 22ND JUNE, 2024

THE GABBYS INTERNATIONAL
AREA B3, DISTRICT 92



AWARD WINNERS

YOGITA UPADHYAY
BIMPY KUMARI
SHRILAKSHMI HEGDE
UPASANA D. GHOSH
CHITRAKSHI V. VIJ
SHILPI TIWARI
GAURI AGGARWAL
JASPREET KAUR
SHARON C. MENEZES
RENU KAUSHAL

AWARDS

20

WINNERS

10

AS ON 22ND JUNE, 2024

THE GABBYS



153

EDUCATION AWARDS
IN PROGRAM YEAR 2023-24

TRIPLE CROWN WINNERS



THE GABBYS



**ATUL C.
SRIVASTAVA**



**BIMPY
KUMARI**



**BINDHU
JOSEPH**



**CHAITANYA
PRASAD**



**CHITRAKSHI V.
VIJ**



**DEVASISH
PARMAR**



**KARTHIK
VENUGOPAL**



**MONICA
ASHWINI**



**NAGESH
RAMAMURTHY,
DTM**



**NANCY GOEL,
DTM**



**PADUKA
KANNAN**



**PRANAV
POTHAN**



**SAMITA
KAR**



**SANJANA
GARAI**



**SHILPA
REDDY**



**SMRUTI S.
MOHANTY**



**SOURAV
DUTTA, DTM**



**SUDHARMA
N. PERERA**



**UPASANA
D. GHOSH**

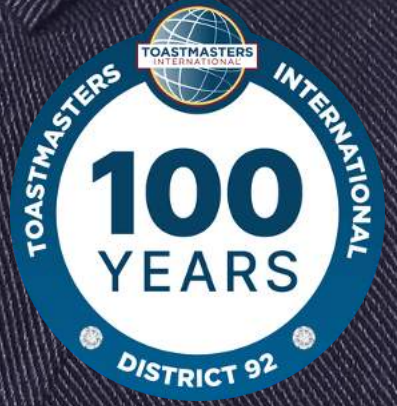


**VIJAYA
LAKSHMI C D**



**YOGITA
UPADHYAY**

PATHBREEAKERS



THE GABBYS



APARNA RAJA



**BADESAHAB N.
SAYYAD**



**BINDHU
JOSEPH**



**CHITRAKSHI V.
VIJ**



**DEVAYANI
NAIR**



**DHWANI
ADESARA**



**LAKSHMI
SUJATHA**



**MONICA
ASHWINI**



**NAGESH
RAMAMURTHY,
DTM**



**NANCY GOEL,
DTM**



**PADUKA
KANNAN**



**PRANAV
POTHAN**



**SAMITA
KAR**



**SANJANA
GARAI**



**SHILPA
REDDY**



**SMRUTI S.
MOHANTY**



**SOURAV
DUTTA, DTM**



**SUDHARMA
N. PERERA**



**YOGITA
UPADHYAY**

DISTINGUISHED TOASTMASTERS



THE GABBYS



NAGESH
RAMAMURTHY, DTM



SOURAV
DUTTA, DTM

SPECIAL RECOGNITION





SOURAV DUTTA, DTM

COMPLETED ALL THE ELEVEN PATHS IN TOASTMASTER PATHWAYS



CONTEST WINNERS



CLUB CONTEST WINNERS



INTERNATIONAL SPEECH CONTEST



NANCY
GOEL, DTM

FIRST



SOURAV
DUTTA, DTM

SECOND



PREETI
PRANAV JAIN

THIRD

THE GABBYS

AREA B1, DISTRICT 92

CLUB CONTEST WINNERS



INTERNATIONAL SPEECH CONTEST



SOURAV
DUTTA, DTM

FIRST



KARTHIK
VENUGOPAL

SECOND



SMRUTI
MOHANTY

THIRD

THE GABBYS ONLINE

AREA B4, DISTRICT 92

CLUB CONTEST WINNERS



INTERNATIONAL SPEECH CONTEST



ADITYA
SRIVASTAVA

FIRST



GAURI
AGGARWAL

SECOND



CHITRAKSHI
V VIJ

THIRD

THE GABBYS INTERNATIONAL

AREA B3, DISTRICT 92

CLUB CONTEST WINNERS



TABLE TOPICS CONTEST



PREETI
PRANAV JAIN

FIRST



SOURAV
DUTTA, DTM

SECOND



CHITRAKSHI
V VIJ

THIRD

THE GABBYS

AREA B1, DISTRICT 92

CLUB CONTEST WINNERS



TABLE TOPICS CONTEST



SOURAV
DUTTA, DTM

FIRST



SAMITA
KAR

SECOND



SANJANA
GARAI

THIRD

THE GABBYS ONLINE

AREA B4, DISTRICT 92

CLUB CONTEST WINNERS



EVALUATION SPEECH CONTEST



JOANE
JOSEPH

FIRST



LAKSHMI
SUJATHA

SECOND



SOURAV
DUTTA, DTM

THIRD

THE GABBYS

AREA B1, DISTRICT 92

CLUB CONTEST WINNERS



EVALUATION SPEECH CONTEST



SOURAV
DUTTA, DTM

FIRST



PRANAV
POTHAN

SECOND

THE GABBYS ONLINE

AREA B4, DISTRICT 92

AREA CONTEST WINNERS



INTERNATIONAL SPEECH CONTEST



NANCY GOEL,
DTM

**FIRST
AREA B1**



SOURAV
DUTTA, DTM

**SECOND
AREA B4**

DIVISION B | DISTRICT 92

AREA CONTEST WINNERS



EVALUATION SPEECH CONTEST



LAKSHMI
SUJATHA

**SECOND
AREA B1**



CHITRAKSHI
V VIJ

**FIRST
AREA B3**



SOURAV
DUTTA, DTM

**FIRST
AREA B4**

DIVISION B | DISTRICT 92

AREA CONTEST WINNERS



TABLE TOPICS CONTEST



PREETI
PRANAV JAIN

**FIRST
AREA B1**



CHITRAKSHI
V VIJ

**SECOND
AREA B3**



SOURAV
DUTTA, DTM

**FIRST
AREA B4**

DIVISION B | DISTRICT 92

DIVISION CONTEST WINNERS



FIRST



**PREETI
PRANAV JAIN**

**TABLE TOPICS
CONTEST**

FIRST



**SOURAV
DUTTA, DTM**

**INTERNATIONAL
SPEECH CONTEST**

THIRD

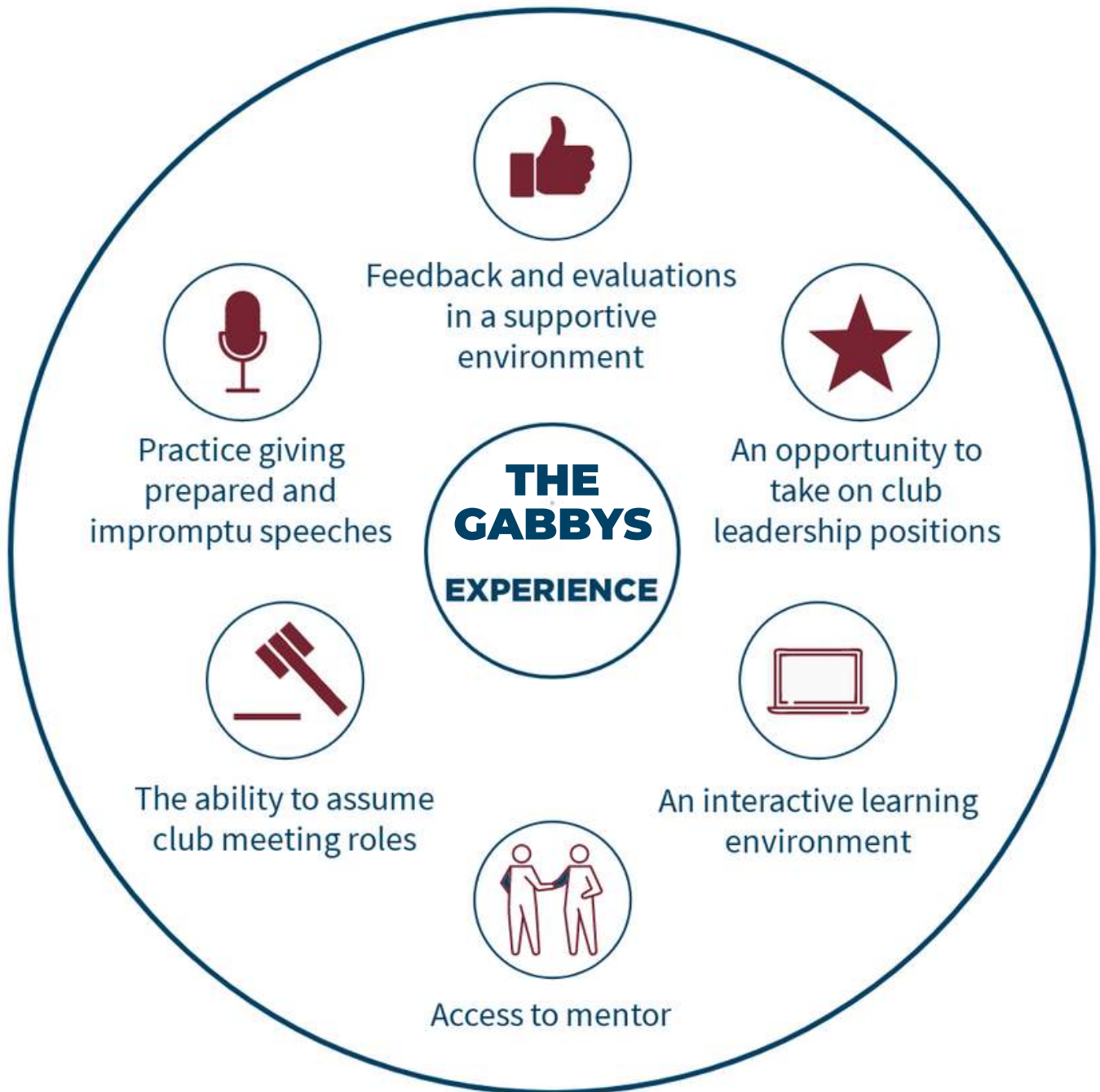


**CHITRAKSHI
V VIJ**

**TABLE TOPICS
CONTEST**

DIVISION B | DISTRICT 92

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